

REGIONAL COALITION OF TAMPA BAY

Bike/Walk Tampa Bay is a regional coalition of citizens, advocates, professionals and allied organizations created to make walking and bicycling the preferred modes of transportation in the Tampa Bay region. The Coalition was formed by a partnership between the following:

- New North Transportation Alliance
- Tampa Downtown Partnership
- Westshore Alliance
- Tampa Bay Area Regional Transit Authority
- St. Petersburg Downtown Partnership
- Florida Department of Transportation
- Community Traffic Safety Teams of Tampa Bay
- Metropolitan Planning Organizations of Hillsborough and Pinellas Counties

To accomplish this goal, Forward Pinellas engages and empowers local communities and stakeholders to achieve the region's vision for a better transportation future.



See(Li(KFiX

is the online tool to easily report potholes, graffiti, illegal dumping, and more within your community. See a trail issue, simply report it to Pinellas County with SeeClickFix!

- 1) Access the Pinellas County SeeClickFix page at: https://seeclickfix.com/pinellas county
- 2) Select the "**New Request**" icon below the Pinellas County Service Provider:
- 3) Submit a request by selecting the Category, providing the address for the report, and then providing a description of the issue. A photo is optional but not required.
- 4) Done!

pinellas (ounty trails & Bi(y(Le Lanes & Uide

www.pinellascounty.org/trailgd.

Pinellas County complies with the Americans with Disabilities Act of 1990. In compliance with Title VI/ADA, accessible formats of this document are available. Please call (727)464-4062(V/TDD).

Discover Pinellas

TRAILS & BI(Y(Le

THE LEAGUE



Wellowe to

where trails beckon to walkers, bicyclists, skaters, wheelchair users and wheelers of all types. The county's main trail facility, the Fred Marquis Pinellas Trail, and the many community trail facilities that connect to it provide trail goers with access to numerous points of interest throughout the county. This trail system includes overpasses across busy intersections and

waterways providing trail users with panoramic views of the county. Residents use trails to get to school, work, and to local parks for picnics and recreational activity. In addition, an expansive network of bike lanes allow bicyclists to travel to

and through areas where the county's trail system don't yet take them.



A Pinellas County program administered by Keep Pinellas Beautiful (KRB). For more information on how you can participate, visit our website at

www.kpbcares.org/adoptions

Keep Pinellas Beautiful Inc.

5090 66th Street N

St. Petersburg, FL 33709 **Office Phone:** (727) 533-0402

Office Fax: (727) 533-0502

Litter Hotline: (727) 210-GONE (4663)

FRED MARQUIS Pinellàs

The Fred Marquis Pinellas Trail is a 54-mile linear park and urban trail corridor used by up to 250,000 individuals each month for walking, jogging, bicycling and skating. The Trail was created along an abandoned railroad corridor and named in honor of Fred Marquis, who served as the Pinellas County administrator for 21 years and was an ardent supporter of converting the former railroad corridor to a trail. The Pinellas Trail extends from St. Petersburg to Tarpon Springs and the East Lake Tarpon area, and is part of the Pinellas Trail Loop, which will be a 75-mile facility when the Duke Energy section is completed along the eastern portion of the county. The Pinellas Trail connects to several county parks, schools, coastal areas, major retail centers and downtown areas. The Pinellas Trail includes overpasses and underpasses for trail goers to avoid busy intersections and to ride over water bodies.

BASIC RULES to help everyone enjoy the trail:

- The trail is only open during daylight hours.
- Alcoholic beverages are prohibited.
- Pedestrians and persons with a disability have the right of way, wheelchairs should use the pedestrian lanes and electric handicap wheelchairs are always permitted.
- Bicyclists are required to obey all traffic controls and signals.
- Bicyclists are not permitted to wear headphones at any time.
- Bicyclists under age 16 must wear a helmet.
- Bicyclists and skaters should obey the posted speed limits. No racing, race training or pace lines. Skaters should use the bicycle lanes, and both skaters and cyclists should give an audible warning when passing.
- Motorized vehicles (except electric handicap wheelchairs, electricassist bicycles, maintenance, law enforcement and emergency vehicles) are prohibited.
- Horses are prohibited.
- · Pets must be kept on a 6-foot leash and under control.

T ips for Lo(king YOUR BIKE

- Lock your bike with a U-lock or heavy cable
- Lock your wheels to your frame
- Avoid locking to trees and objects that are not secure
- Lock your bike in a well-lit area or where people are present
- Register your bike you will have a better chance of getting it back in the event of theft

Use the Trail Markers

In case of an emergency, you can easily report your location on the Pinellas Trail thanks to numbered decals placed on its surface. These decals appear every 200 feet. Each decal has a unique number that allows users to report incidents or call for help by giving the decal number nearest their location.

WALK UP HEALTH

Walking, like bicycling, is not only fun and easy to do but also has a number of health benefits including the following:

- Low-impact exercise that can help lower low-density (bad) cholesterol while raising high-density (good) cholesterol.
- Lowers blood pressure and is good for managing weight. An average person walking for one hour at a moderate pace can burn up to 263 calories.
- Improves blood circulation and breathing.
- Prevents osteoporosis while helping to prevent and control diabetes.
- Helps bolster the immune system.

WALKING TIPS

Help

MAKE FLORIDA

A BI(Y(Le-FRIENDLY

STATE with the purchase of

a "Share the Road" license plate.

Go to www.bikeflorida.org or

www. floridabicycle.org for more

kids under the age of 16 must

wear a properly fitted helmet

when riding a bike.

- Wear comfortable shoes that have the proper arch support, a firm heal and thick flexible soles to cushion feet and absorb shock.
- Wear loose fitting, comfortable clothing that's appropriate for the weather.
- Spend about five minutes walking slowly to warm up the muscles and be sure to stretch the muscles.

To help reduce stress on the heart and muscles, cool down by walking slowly and stretching.





• Florida Bicycle Association

www.floridabicycle.org

- People for Bikes www.peopleforbikes.org
- Association of Pedestrian & Bicycle Professionals www.apbp.org
- League of American Bicyclists www.bikeleague.org
- National Center for Bicycling & Walking www.bikewalk.org
- Rails-to-Trails Conservancy www.railtrails.org



Bicyclists in Pinellas County can extend their commute by participating in the Pinellas Suncoast Transit Authority's (PSTA's) Bikes on Buses Program. The program allows bicyclists to mount their bikes on the front of the bus before boarding. Before you take your bike on the bus, here's what you need to know:

- Loading and securing the bike onto the rack is the sole responsibility of the bicyclist. Bikes may not be locked to the rack.
- Up to two bikes can be loaded on the rack. Only single-seat, two-wheel bicycles are allowed.
- Folding bikes are allowed on the bus, as long as they are folded and stored out of the aisle. Motor-powered vehicles, bikes smaller than 16", and bikes with covered spokes are not allowed. Theft, damage or, injury while loading and/or unloading are the sole responsibility of the passenger/bicyclist, not PSTA.
- Before you exit, remember to tell the driver that you have a bike on the bus.
- If the bike rack on your route is full on the last trip of the day, you may bring your bike inside the bus.

For more information or to view the video showing how to load and unload your bike on the bus, go to www.psta.net/

Bike to WORK?

BUT WHAT IF IT RAINS? Leave your worries behind when you register for the Emergency Ride Home (ERH) Program. If you carpool, vanpool, ride the bus, bike or walk to work at least two days a week, you may be eligible for up to six free* taxi rides home in cases of:

- Unscheduled overtime
- Sickness
- Carpool/Vanpool partners have an emergency
- Personal or family emergency

*Anything in excess of a \$100 fare will be billed to the participant.

Interested in the ERH program? Simply create an account at the Tampa Bay Area Regional Transit Authority (TBARTA) website located at: www.tbarta.com/en/commute-tampabay/emergency-ride-home. Once registered, you'll receive information on how to use the program, along with your first ERH voucher. All you need for your emergency trip home is the completed voucher and a picture ID. And you can use the ERH Program up to six times per year! Emergency Ride Home is a state program administered by TBARTA at (800) 998-RIDE(7433).

(oast-to-(oast trail (onne(tor

The Florida Coast-to-Coast Trail is a planned 250-mile paved trail extending from St. Petersburg to Titusville. Most of the trail is in place. There are approximately 63 miles of the route awaiting construction. When completed, bicyclists and pedestrians will be able to travel from the Gulf to the Atlantic Coast.

The Coast-to-Coast Trail is part of the Florida Greenways and Trails System, which is supported by funding from the Florida SUN (Shared Use Non-motorized) Trails Program. The Florida Legislature provided \$15 million for the Coast to Coast Trail through the SUN (Shared Use Non-motorized) Trails Program in 2014. More information on the Coast to Coast Trail is available at https://floridadep.gov/parks/ ogt/content/florida-coast-coast-trail.



Not only is bicycling fun and easy to do, it provides many health benefits. Regular bicycling improves general muscle functions gradually, with little risk of strain or injury. It strengthens and tones leg muscles and helps with the mobility of hip and knee joints. Bicycling helps build stamina and improves cardiovascular fitness. Bicycling helps reduce weight as studies have shown it burns approximately 300 calories per hour. Bicycling is also good for improving heart health and reducing stress.

Want to help people enjoy the Pinellas Trail? You can do that by volunteering as an Auxiliary Ranger, assist in the maintenance of the county park system or join the Pinellas Trail Adopt-a-Mile Program. For more information on these types of volunteer opportunities, call Pinellas County Volunteer Services at (727)-464-8477 or go to www.pinellascounty.org/volserv/default.htm.

Bikepool

New to cycling in traffic? Share a ride with a neighbor, coworker or other bicyclist, and learn what it takes to ride safely on the road. The more riders there are in a group, the safer the ride. Bikepool is a free service offered by the Tampa Bay Area Regional Transit Authority (TBARTA) that matches bicycle commuters with one another to form group trips. The goal of the Bikepool Program is to encourage more residents of the Tampa Bay region to commute by bike.

HOW DO I SIGN UP?

- 1 Go to www.tbarta.com/ en/commute-tampabay/bikepool-walk
- 2 Once you've received your list, contact the other cyclists and arrange a meeting time to discuss your route.
- 3 Begin your bike commute!

The Bikepool program is a free service through TBARTA.

RESPECT THE WEATHER BE AWARE OF HEAT AND HUMIDITY.

morming Weather

Although the Tampa Bay area climate is conducive for bicycling year-round, bicyclists should always be prepared for extreme weather conditions with regard to heat and thunderstorms, particularly in the summer months. Bicyclists should always be prepared with suntan lotion and plenty of water.

ON-STREET BIKING



Make Eye Contact

Confirm that you are seen by making eye contact with motorists when crossing the street. This helps to ensure they know you are on the road. Look over your shoulder regularly or use a mirror to scan the road behind.



Be Careful at Intersections

Most crashes happen at intersections. Proceed with care when crossing the street. Avoid being in a turn-only lane if you want to go straight through an intersection. In narrow lanes or slow traffic, it may be safer to take the whole lane.



Use Hand Signals

Signal all turns and stops ahead of time. Look over your shoulder for any traffic, then make your intended move only when it is safe to do so.



Use Lights at Night and When Visibility is Poor

ON-STREET BIKING



When turning left

Signal your intentions in advance. Move to the left turning lane and complete the turn when it is safe.



Beware of Car Doors

Be wary of parked cars. Motorists can unexpectedly open doors. Be particularly careful if you see a motorist in the car. Ride in a straight line at least three feet away from parked cars.



Lock Your Bike

Lock the frame and rear wheel of your bike to a fixed object. If you have a quick release, lock the front wheel also. Do not lock your bike to trees.



Avoid Road Hazards

Watch out for parallel-slat sewer grates, slippery manhole covers, oily pavement, potholes and construction plates. Cross railroad tracks carefully.

MULTI-USE PATHS



Signal to Others

Sound the bell on your bicycle or call out a warning when approaching others, then pass safely on the left. Skaters should follow the same travel rules as bicyclists. Do not perform trickskating maneuvers on heavily used paths...



Use Pedestrian Push Buttons



Keep to the Right

All path users must keep to the right, except when passing or turning left. Pedestrians should move to the right when someone is passing. Move off the path when stopping. Never block the path..



Right-of-Way

2013

Pinellas County

& Duke Energy

sign agreement for

development of Duke

Energy Florida Trail

Keystone section

connection to John

Chesnut Park opened

to public.

Pinellas Trail from

Belleair Road to

Cyclists and skaters must yield to pedestrians. Pedestrians always have the right of way.

PINELLAS TRAIL

1888

First train on Orange Belt Railway arrives in St. Petersburg.

1983

Railroad right-of-way land purchased by Florida Department of Transportation.

1984

Pinellas Bicycle **Advisory Committee** proposes using railroad right-of-way as bike route.

1988

Pinellas Trails Inc. formed to promote public support for ar park concept. 1989

Pinellas Trail project approved by Pinellas Board of County Commissioners with \$1.5 million allocated to build a 15-mile segment. Penny for Pinellas funding designated for 35 miles of Pinellas Trail.

1990

First five-mile section of the Pinellas Trail opens from Taylor Park to Seminole City Park.

1991

First trail overpass opens over Ulmerton Road in Largo.

1992

Trail section from Taylor Park to Ozona opens. West Bay Drive overpass in Largo completed.

1993

Nine-mile segment from Seminole City Park to St. Petersburg opens. Trail overpass at Orange Street and Alt. U.S. Highway 19 opens.

St. Petersburg and **Tarpon Springs** sections open.



1996

Park Boulevard overpass opens in Seminole.

Seminole Boulevard and 113th Street overpasses open. Downtown Clearwater section opens.

2000

Pinellas Trail designated a Millennium Trail by the White House. Pinellas Trail's Cross Bayou Bridge opens.

overpass completed. 2003

Pinellas Trail designated a National Recreation Trail by U.S. Department of Interior, National Park Service, National Trails System.

2001

Trail connection to

Wall Springs Park

completed. Park Street

2004

Art on the Trail railroad sculpture additions mark cities along the trail.

Elfer's Spur over Anclote River in Tarpon Springs opens to North Anclote River Nature Park. 38th Ave. North overpass opens.

2006

Jasmine section under U.S. Highway 19 to Keystone Road opens.

2007

St. Petersburg begins construction of Downtown Trail Extension. Groundbreaking for first section of the Progress Energy (later named Duke Energy) Extension of the Pinellas Trail.

2008

Three-mile Downtown Trail Extension opens to St. Petersburg waterfront. Fred Marquis Pinellas Trail inducted into Rail-Trail Hall of Fame.

2009

Enterprise overpass for the Progress Energy Extension of the Pinellas Trail completed.

2010

34th Street overpass opens. Keystone Road groundbreaking for Northeast Trail Extension.

2011

Trail through downtown Clearwater completed.

2012

North Bay Trail from downtown St. Petersburg to 78th Ave North completed.

Haines Bayshore Blvd completed. 2015

Courtney Campbell Trail from Clearwater to Tampa completed.

2017

A 5-mile segment of the Coast-to-Coast Trail Connector opens along Keystone Road, from East Lake Road to Hillsborough County, then north to Pasco County.

A 1.4 mile segment of the Duke Energy Trail opens from Sunset Point Road to the trail overpass near Enterprise Road and U.S. Highway 19.

2018

Dunedin designated First Florida Trail Town.

2020

Pinellas Trail 30-Year Anniversary.









































FLERIDA BIGYCLE LAWS & SAFETY TIES



Wear a bicycle helmet.

Check your bike – air pressure, brakes, chain, seat and handlebars.

Ride on the right in the same direction as traffic.

Obey all traffic controls.

Wear light or brightly colored clothes.

Yield to pedestrians.

Never wear headphones while **riding** – it is illegal and impairs your ability to hear traffic.

Stay alert – be aware of traffic around you, and always keep a lookout for obstacles in your path.

Look both ways for traffic before you enter any street or intersection. More than 70% of bicycle crashes occur at driveways or intersections.

Wear reflective material and/or reflective devices on ankles, wrists, back and helmet.

Avoid bicycling at night – Most of the Fred Marquis Pinellas Trail and all of the Duke Energy Trail is closed at night. If you must ride in the dark:

- Use reflectors. Ride on brightly
- Always assume you are not seen by a driver.
- Young children should never ride at night.
- · Use bright lights on the front and back of the bike. Although unadvisable, if you must ride in the dark, make sure you have bright lights.

One seat = one rider.



Be alert – watch for pedestrians and bicycles. Be extra careful at intersections.

Obey all traffic laws – including speed limit and other road signs.

Scan your surroundings – anticipate upcoming traffic situations.

Signal your intentions before changing lanes or making a turn.

Give cyclists 3-ft (minimum) when passing!

Pedestrians have the right of way in **a crosswalk** – take note of pedestrian or school crosswalk signs indicating a crosswalk is ahead.

Take extra precautions before backing up.

Never drink and drive! – designate a non-drinking driver before getting into a vehicle.

Never text while driving – it's against the law! Also, no texting while walking, biking or skating.

Pedestrian (ROSSWALK SAFETY

Florida drivers, STOP! Florida law requires vehicles yield to pedestrians. All pedestrians should exercise extreme caution at crosswalks and approaching motorists are required to follow these rules:

• Stop before the crosswalk when a pedestrian is • Slow down and stop for pedestrians within or within or stepping into the crosswalk. Remain entering crosswalks even if there are no traffic stopped until the pedestrian has safely reached the opposite side of the street.

control signals or signs.

The pedestrian crossing law also applies to crosswalks with Rectangular Rapid Flashing **Beacons** (*RRFBs*). At RRFB crosswalks, pedestrians and drivers should follow these simple rules:

• Motorists must stop for pedestrians attempting to cross at a mid-block crossing and at intersections utilizing the Rectangular Rapid Flashing Beacon (RRFBs) signals.

• Once a pedestrian activates an RRFB, a series of yellow rapid flashing lights are emitted

• Pedestrians should not attempt to cross the road until the RRFB is activated and motorists

have come to a complete stop.

at the crosswalk notifying motorists that a

pedestrian is intending to cross the road.



CENTRAL AVE

Future Plans (ompleting the

The Pinellas Trail Loop is mostly comprised of the existing Pinellas Trail, which extends through the western portion of the county from downtown St. Petersburg to Tarpon Springs, and the Duke Energy Trail, which extends through the eastern portion of the county from northeast St. Petersburg to the East Lake Tarpon area. Most of the Duke Energy Trail remains to be constructed. The existing portion of the Loop is 54 miles. When the remaining portion is completed, the Loop will be a 75-mile trail system, traversing Tarpon Springs, Palm Harbor, Dunedin, Clearwater, Largo, Seminole, Pinellas Park, and St. Petersburg. The Loop will also provide regional connections to the Hillsborough and Pasco County trail networks, and link to the western end of the Florida Coast-to-Coast

Connector Trail. This is a 250-mile planned trail connecting Pinellas County to Titusville on the east coast. The remaining work necessary to complete the Pinellas Trail Loop is identified as the "North Gap" and "South Gap" projects. The North Gap projects total 7.5 miles and extend from Enterprise Road to John Chesnut Senior Park and from NE Coachman Road to Sunset Point Road. The South Gap projects total 10 miles and extend from 1) Haines Bayshore Road to the East Roosevelt Boulevard/28th Street intersection, via an existing power easement and the 126th Avenue and Scherer Drive rights-of-way; and 2) the East Roosevelt Boulevard / Gandy Boulevard intersection to the North Bay Trail in St. Petersburg via the Gandy Boulevard and San Martin Drive rights-of-way.

TRAIL (OUNTER PROGRAM

Centers for Disease Control in 2016, Forward Pinellas purchased and installed several automated counters along the Pinellas Trail to monitor the volume of trail users and their associated travel characteristics. Equipped with electromagnetic and infrared sensors, these counters can differentiate between pedestrians and bicyclists and can log the day, time and direction of travel. The value of the

trail counters has been immeasurable as they have provided a more accurate and efficient system of data collection and reporting. The data collected supports bicycle and pedestrian planning programs while assisting local efforts to pursue funding and support for future trail improvements. Data collected by the counters showed that nearly four million walkers, skaters and cyclists used the Pinellas Trail from

FORWARD PINELLAS

Forward Pinellas serves as the planning council and metropolitan planning organization (MPO) for Pinellas County. In its role as the Pinellas Planning Council, the agency administers the Countywide Plan and coordinates land use planning among the county's 25 local governments. In its role as the MPO, the agency addresses the mobility needs of people and freight while prioritizing the allocation of federal and state transportation funds in Pinellas County. Forward Pinellas is governed by a 13-member board that represents the local governments of Pinellas County and the Pinellas Suncoast Transit Authority (PSTA). Forward Pinellas collaborates with its public and private partners in the county and region to accomplish the following:

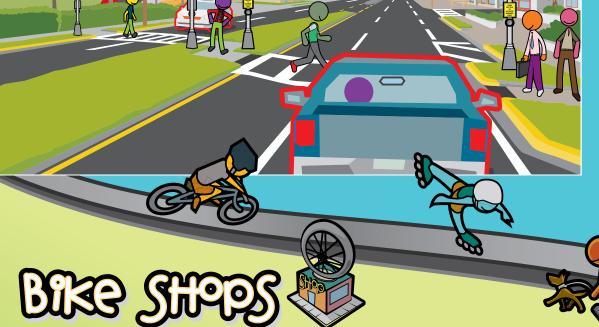
• Create integrated land use and transportation plans that provide

viable mobility options and sustainable development patterns;

- Engage the public in the development of transportation and land use plans;
- Forge effective partnerships among public agencies, citizens and the business community;
- Define cost-effective strategies to meet the transportation and land use goals of Pinellas County; and
- Set priorities for sound public investment in transportation improvements.



310 Court Street Clearwater, FL 33756 (727) 464-8250 forwardpinellas.org



The following is a list of bike shops in close proximity to the Pinellas Trail.

1 Neptune Cyclery 13 Safford Ave. S., Tarpon Springs (727) 943-5805

www.neptunecyclery.com

- 2 Tarpon Tom's Outdoor Adventure 532 S Pinellas Ave., Tarpon Springs (727) 942-8200
- www.tarpontomsoutdoorrentals.com
- 3 OTE Bikes & More 2606 Bayshore Blvd., Dunedin (727)831-0085
- 4 Kafe Racer 998 Douglas Ave., Dunedin (727) 466-1245 www.kaferacer.com
- 5 Pedego Electric Bikes Dunedin 324 Scotland St. Suite 4, Dunedin (727)432-5061
- 6 Ride N' Roll 924 West Bay Dr., Largo (727) 518-2453 6570 Seminole Blvd, Seminole (727) 393-2453 www.ridenrollcyclery.com

- 7 D & S Bike Shop 11561 Walsingham Rd., Suite E, Largo
- 8 David's World Cycle 11198 70th Ave., Seminole (727) 319-2453 www.davidsworld.com

(727) 586-6437

- 9 Trail Sports 6201 Seminole Blvd., Seminole (727) 395-0509 Trailsportbicycles.com
- 10 Beach & Trail Bike Shop 7100 9th Ave. N., St. Petersburg (727) 384-6608 Beachandtrail.com
- 11 ABC Bicycles 6633 Central Ave., St. Petersburg (727) 345-5391 www.abcbicycles.com
- 12 The Bikery 2222 1st Ave. S., St. Petersburg (727)826-0501 www.thebikery.bike

13 Tony's Bike Shop 19 21st St. N., St. Petersburg (727)537-6162 tonysbikeshop.com

GULF OF

MEXICO

- 14 Northeast Cycles 1115 4th St. N., St. Petersburg (727)898-2453 northeastcycles.com
- 1205 4th St. N., St. Petersburg 727-822-BIKE www.stpetebicycleandfitness.com

15 St Pete Bicycle and Fitness

- 16 The Bike Room 2808 4th St. N., St. Petersburg (727)897-9701 thebikeroom.com
- 17 Trek St. Petersburg 3169 4th St. N., St. Petersburg (727) 498-8655 abcbicycles.com



Community Trail

Bike Lane

Trail Overpass

Trail Underpass



Bus Terminal



Hospital

